

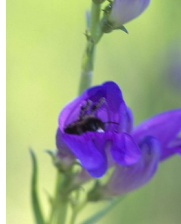


# UTAH POLLINATOR HABITAT PROGRAM

## Rocky Mountain Penstemon (*Penstemon strictus*)



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**Zone:** 4-8

**Color:** Purple

**Bloom Time:** Late spring to early summer

**Plant Type:** Perennial herb

**Mature Height:** 24-30" tall

**Mature Spread:** 36" wide

**Water Use:** Low water

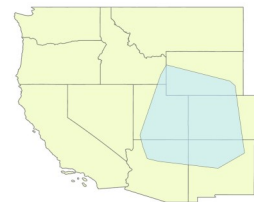
**Soil Type:** Rocky; sand and loam

**Range and Native Habitat:** The Rocky Mountain Penstemon occurs throughout New Mexico, Colorado, Utah, southern Wyoming, and northeaster Arizona. They grow naturally in foothills and mountains.

**Suggested Maintenance:** Shear off the fading flowering stalks to maintain the appearance of the evergreen foliage (leave a few stalks if re-seeding is desired). Mulch with gravel or pine needles in arid climates. Avoid overwatering.

**Other:** Many penstemons are also referred to as "beardtongues" because of the flower's resemblance to an open mouth filled with hairy anthers on the "tongue." The flowers of Rocky Mountain Penstemon grow on both sides of the stalk but eventually orient to only one side.

### Distribution Map



### Wildlife Supported



### Landscaping Information



**Sun**  
Full sun



**Water Needs**  
Low



**Summer Irrigation**  
Max 1x / month once established



**Soil Drainage**  
Fast



**Propagation**  
By seed or root division in the spring. Seeds need to be cold-stratified 8-12 weeks.