

single (PDP) label

Sample Cookie Company

350 N REDWOOD RD, SALT LAKE CITY, UT 84116, (801) 538-7152

**Home Produced
Chocolate Chip Cookie**

INGREDIENTS: SEMI-SWEET CHOCOLATE (UNSWEETENED CHOCOLATE, SUGAR, COCOA BUTTER, MILK FAT, SOY LECITHIN, VANILLA), FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, THIAMINE MONONITRATE, FOLIC ACID, RIBOFLAVIN, REDUCED IRON), BUTTER (CREAM, SALT), BROWN SUGAR, SUGAR, WALNUTS, SALT, BAKING SODA, NATURAL FLAVOR
CONTAINS WHEAT, EGG, MILK, SOY, AND WALNUTS

NET WT 1.5 OZ (42 g)

front (PDP) label

Sample Cookie Company

Home Produced

Chocolate Chip Cookies

6 COOKIES

NET WT 9 OZ (255 g)

back (IP) label

INGREDIENTS: SEMI-SWEET CHOCOLATE (UNSWEETENED CHOCOLATE, SUGAR, COCOA BUTTER, MILK FAT, SOY LECITHIN, VANILLA), FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, THIAMINE MONONITRATE, FOLIC ACID, RIBOFLAVIN, REDUCED IRON), BUTTER (CREAM, SALT), BROWN SUGAR, SUGAR, WALNUTS, EGGS, SALT, BAKING SODA, NATURAL FLAVOR
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CONTAINS WHEAT, EGG, MILK, SOY, AND WALNUTS

**ONE DOZEN
NET WT 18 OZ (1.13 LB) 510 g**

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**ONE DOZEN
NET WT 18 OZ (1 LB 2 OZ) 510 g**

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**NET WT 54 OZ
(3.38 LB) 1.53 kg**

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CONTAINS WHEAT, EGG, MILK, SOY, AND WALNUTS

NET WT 5.6 LB (2.55 kg)

Recipe and Ingredient List Calculations

CHOCOLATE CHIP COOKIES

2 1/4 cups all-purpose flour [270g]
1 teaspoon baking soda [4.6g]
1 teaspoon salt [6.1g]
1 cup (2 sticks) butter [227g]
3/4 cup granulated sugar [150g]
3/4 cup packed brown sugar [165g]
1 teaspoon vanilla extract [4.3g]
2 large eggs [98g]
2 cups (12-oz. pkg.) semi-sweet chocolate chips [340g]
1 cup chopped nuts [113g]

INSTRUCTIONS

Mix flour, baking soda and salt in small bowl. Beat butter, granulated sugar, brown sugar and vanilla extract in large mixer bowl until creamy. Add eggs, beating well after each addition. Gradually beat in flour mixture. Stir in morsels and nuts. Drop by rounded tablespoon onto ungreased baking sheets.

Bake for 9 to 11 minutes at 375F.

[The red text is for demonstration purposes, used in calculating the order of the ingredient list. It doesn't need to be part of the application. I used two web sites -- <http://www.kingarthurflour.com/learn/ingredient-weight-chart.html> and <http://www.aqua-calc.com/calculate/food-volume-to-weight> -- to determine the weights above.]

Sample Labels

The first two labels are examples of smaller package label options. The top left label has a net quantity statement that is 1/8 inch tall, which would be acceptable for packages with Principal Display Panel (PDP) areas up to 25 square inches (or about the size of a CD case). It is a single label style, containing all of the required information on one side of the package.

The top right label shows the option of placing two labels on the package, one on the PDP, and the other on the Information Panel (IP). The net weight statement on this label is 3/16 inch tall, so this would work for a larger package, with a Principal Display Panel up to 100 square inches (slightly smaller than an old vinyl record).

These first two labels also show the correct net weight formatting for weights under 1 pound. The remaining four labels show the correct format for weights of 1 pound or more, or in the case of the last label, for weights of 4 pounds or more. Weights between 1 and 4 pounds must include both the total number of ounces and the weight in pounds. Fractions of pounds can be reported either in ounces, as in the middle right label, or in fractions of a pound, as in the middle and lower left labels. Packages with net weights of 4 pounds or more need to list only pounds and kilograms. The counts of cookies are optional, but cannot replace the weights.

Please note that the metric weight should always be in the largest WHOLE unit, so weights up to 999 grams are listed in grams, whereas 1000 grams is listed as 1 kilogram.